



MASSAGE RATES:

\$180 - 90 minutes

\$120 - 60 minutes

\$90 - 45 minutes



Membership Options:

6-Month Membership (Once per Month)

- **\$80** per month - 45-minute massage
- **\$105** per month - 60-minute massage
- **\$160** per month - 90-minute massage

Exclusive Benefits:

- Receive **10% off** the regular price on all additional massages during the membership period.

Enhanced Membership Tier:

6-Month Membership (Twice per Month)

- **\$160** per month - 45-minute massages (2 per month)
- **\$210** per month - 60-minute massages (2 per month)
- **\$320** per month - 90-minute massages (2 per month)

Contact Steph: stephrivi@gmail.com



PERSONAL TRAINING RATES:

Member:

\$80 - 1 hour

Package of 5 sessions **\$385**

Package of 10 sessions **\$750**

\$50 - 30 min

Non-Member:

\$90 - 1 hour

Package of 5 sessions **\$425**

Package of 10 sessions **\$850**

\$60 - 30 min



Small Group Training

2 clients: 1 hour = \$50/person

3 clients: 1 hour = \$45/person

Post-Rehab Conditioning/Pink Ribbon Program

Member:

\$90 - 1 hr

Non-Member:

\$100 - 1 hr

Contacts

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WELLNESS SERVICES



Massage
Personal Training

